



About Us

UMD Club Cross Country is a growing student organization that was founded in 2005. UMD XC provides a friendly environment for competitive and recreational runners.

Our Mission

To unite runners within the UMD community and to ensure that boredom does not consume those who would otherwise run alone!

Affiliations

- National Intercollegiate Running Club Association (NIRCA), Midwest Region
- University of Michigan – Dearborn Athletics, Club Sport

Group Run Times

Please visit the website for the current group run times. We meet in front of the Fieldhouse, with practices ranging from 30 to 60 minutes

Race Opportunities

In addition to hosting the Michigan Fall Classic, members can participate in races which include but are not limited to:

- EMU Invite
- Midwest Regionals
- NIRCA National Championships
- Various local road races

FAQs

How fast are the UMDxc Runners?

Members vary in ability from experienced to casual runners (sub-6:00/mile to 10:00/mile).

Are there club fees to join?

Yes, \$20/semester or \$35/year.

Are travel expenses covered?

UMD will pay for travel and hotel expenses to club races, but not for food during the trips.

How do I join UMDxc?

Visit our website at www.umdxc.org for contact information or come to a group run!



2009 Officers

**President – Justin Opfermann
Vice President – Eric Stuart
Vice President – Angela Yu
Treasurer – Holly Gerring
Social Chair – Josh Matthews
Historian – Ana Buia**

Contact us at officers@umdx.org

Visit our website at www.umdx.org



**University of Michigan – Dearborn
Cross Country**